

A Transition to Adulthood Program designed to introduce participants to Social Thinking Concepts® and the related vocabulary used to teach social cognition and emotional regulation skills. This language-based curriculum explicitly teaches individuals how to use a systematic approach to understanding how the social world works and how to be more aware in social situations. Using practical language, role playing activities and self monitoring, participants learn the process of social communication and apply their knowledge during peer supported activities. Strategies and tools for Parents/Caregivers are provided and self-advocacy skills are also embedded in this lesson.

PROGRAM SCHEDULE: Tuesday and Thursday (9:30 to 11:30 AM)

PROGRAM FEES: \$350 per module (4 weeks per module)

START DATE: September 1, 2020

MODULE	THEMES	ACTIVITIES
Module 1 Introduction to Social Thinkers	<ul style="list-style-type: none"> • Being Part of A Group • Recognizing Expectations • Social Behavior Mapping 	<ul style="list-style-type: none"> • Expected and Unexpected Explained • Identifying the Size of the Problem • Emotional Vocabulary Building
Module 2 Whole Body Attention My Plan vs Group Plan	<ul style="list-style-type: none"> • Whole Body Listening • Thinking With Our Eyes • Good Thoughts/Weird Thoughts 	<ul style="list-style-type: none"> • How you Impact Other's Feelings • How you can Read Other's Thoughts • Rubber Chicken Games
Module 3 Exploring Behaviors and Emotions	<ul style="list-style-type: none"> • Smart and Wacky Guesses • Zones of Regulation Tools • 5 Point Scales 	<ul style="list-style-type: none"> • Personalized Tracking Systems • Bodies and Brains in the Group • Video Modelling
Module 4 Social Language and Flexible Thinking	<ul style="list-style-type: none"> • Body & Spoken Language • Flexible Brains • Figuring Out Intentions 	<ul style="list-style-type: none"> • 4 Steps to Communication • Reading People's Intentions • Social Behavior Mapping
Module 5 Defining Social Interaction	<ul style="list-style-type: none"> • Asking Questions • Staying on Topic • Conversations 	<ul style="list-style-type: none"> • Looking for Social Cues • Using your Imagination • Exploring Flexible thinking
Module 6 Social Conversations	<ul style="list-style-type: none"> • Sharing Imagination • Social Curiosity • Asking Questions 	<ul style="list-style-type: none"> • Conversation Tips • People Files • Sharing Wonders
Module 7 Improving Social Interactions	<ul style="list-style-type: none"> • Hidden Rules • Peer Problem Solving • Sandwich Statements 	<ul style="list-style-type: none"> • Unwritten Social Rules • Self - Evaluation Tools • Advocating for Oneself
Module 8 Consolidation Course	<ul style="list-style-type: none"> • Practical Group Outings • Making Plans with Others 	<ul style="list-style-type: none"> • Event planning • Vocabulary review • Assessment

*Please note, Module content and/or order of delivery date is subject to change based on curricular revisions to accommodate student profiles and continuity of learning trends. Please check your monthly program news for updates.

TEXTS:

Think Social! A Social Thinking Curriculum for School-Age Students

ThinkSheets®

Teaching Social Thinking and Related Skills

Social Thinking® Worksheets for Tween and Teens: Learning to Read Between the Social Lines

All Written by Michelle Garcia Winner. Think Social Publishing, Inc. Disclaimer: Social Thinking® is a term coined by Michelle Garcia Winner, CCC-SLP and represents a flexible, systems-based teaching methodology consisting of curricula, vocabulary, teaching tools, and strategies for individuals aged preschool through adulthood. This program, including its teacher or leader, is not affiliated with, nor has it been reviewed, approved, or endorsed by Michelle Garcia Winner and Think Social Publishing, Inc.” Learn more at www.socialthinking.com