

# GUIDING PRINCIPLES FOR PERSON DIRECTED PLANNING

COURTESY OF "A FACILITATOR'S GUIDE TO PERSON DIRECTED PLANNING"

**A PERSON DIRECTED PLAN** tells us about the person's hopes and dreams, the supports necessary for success, and the actions required for the desired outcomes. The person directs and owns the plan. Such an approach highlights the importance of the person taking the lead on the plan, deciding what is most important to the person, and what the future could look like.

The following principles underpin **Person Directed Planning**:

## **PLANNING IS PERSON DIRECTED**

- Person generated, directed and owned
- Strengths-based design, outlining gifts, dreams and hopes
- Defines what is meaningful in one's life

## **PLANNING IS ORGANIC AND DYNAMIC**

- A flexible, open-ended and on-going process
- On-going review of goals set, strategies used, actions required and desired outcomes

## **RESPECTS INDIVIDUAL RIGHTS**

- Respects individual rights, entitlements and responsibilities
- Emphasizes choice and making decisions for self

## **EMBRACES CULTURAL DIVERSITY**

- Honours the dignity of the person
- Addresses all aspects of the person's identity (race, ethnicity, faith, language, disability, sexual orientation, etc.)

## **BUILDS RELATIONSHIPS**

- Fosters meaningful and lasting relationships with family, friends and community members
- Values and strengthens the involvement of a personal support network
- Learning and planning is part of a social activity

## **INCLUSION**

- Facilitates participation in and contribution to community life (recreation, work, volunteering, relationships and other experiences)
- Develops relationships in the local community
- Explores creative options and resources to support desired outcomes