

A teen program focused on understanding how to navigate the social world, taking personal responsibility for executing daily tasks and for self-managing emotions. In small group sessions, participants learn successful strategies that develop social-emotional awareness, social observation skills and executive functioning. Using Social Thinking™ and related curriculum, Program Facilitators teach participants how to use tools such as Social Behavior Mapping©, Zones of Regulation© and the 'Get Ready, Do Done' model, in order to engage with others socially and to increase independence. During interactive learning activities and follow up conversations, participants learn to visualize, organize, and build social competencies such as emotional maturity, heightened perspective taking and social problem solving.

PROGRAM SCHEDULE: Every Wednesday evening (4:30 to 6:00 pm) or (6:30 to 8:00 pm) for 4 weeks

PROGRAM FEES: \$175 per module (4 weeks/per module)

START DATE: September 2, 2020

MODULE	THEMES	ACTIVITIES
Module 1 Social Fortune or Social Fate	Social Thinking Vocabulary Understanding Hidden Rules 4 Steps of Communication 4 Steps of Perspective Taking	Social Behavior Mapping© Emotional Meters Size of Problem
Module 2 Get Ready, Do, Done	What is Executive Functioning? Why is it important for you? For others? GRDD Model – at home, at work, with friends	Visualizing/Mime It Picture Collages on Phones Take Home Binder
Module 3 Get into the Zone	Emotional Regulation Strategies for Home, School and Social situations Owning your Emotions Tracking Systems	Zones of Regulation© for Teens 5-Point Scale Apps and Digital Self Control Options for Support
Module 4 Social Quest Seekers	Understanding Social Communication Friends vs. Enemies 101 Spirals of Success and Failure	Social Thinking® Thinksheets Friendship Peer-a-Mid Peer Problem Solving Inner Coach or Critic

*Please note, Module content and/or order of delivery date is subject to change based on curricular revisions to accommodate student profiles and continuity of learning trends. Please check your monthly program news for updates.

CURRICULAR RESOURCES:

Michelle Garcia Winner and Pamela Crooke - Social Fortune or Social Fate: A Social Thinking Graphic Novel Map for Social Quest Seekers© 2011 Think Social Publishing Inc. www.Socialthinking.com

Sarah Ward – Get Ready Do, Done, 360 Thinking™ Cognitive Connections, LLP | www.efpractice.com © Copyright, Kristen Jacobsen, M.S., CCC/SLP & Sarah Ward, M.S., CCC/SLP.

Leah Kuypers - The Zones of Regulation®: A Curriculum Designed to Foster Self-Regulation and Emotional Control (2011, Social Thinking Publishing) is a curriculum comprised of lessons and activities designed by Leah Kuypers, M.A. Ed., OTR/L

Disclaimer: Social Thinking® is a term coined by Michelle Garcia Winner, CCC-SLP and represents a flexible, systems-based teaching methodology consisting of curricula, vocabulary, teaching tools, and strategies for individuals aged preschool through adulthood. This program, including its teacher or leader, is not affiliated with, nor has it been reviewed, approved, or endorsed by Michelle Garcia Winner and Think Social Publishing, Inc."

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