



## **AGENTS FOR CHANGE PROGRAM**

### **PROGRAM DESCRIPTION (AGES 18-29):**

A Transition to Adulthood Program designed to introduce participants to Social Thinking Concepts® and the related vocabulary used to teach social cognition and emotional regulation skills. This language-based curriculum explicitly teaches individuals how to use a systematic approach to understanding how the social world works and how to be more aware in social situations. Using practical language, role playing activities and self monitoring, participants learn the process of social communication and apply their knowledge during peer supported activities. Strategies and tools for Parents/Caregivers are provided and self-advocacy skills are also embedded in this lesson.

### **PROGRAM SCHEDULE:**

Tuesday, Wednesday & Thursday (12:30 PM to 2:30 PM)

### **START DATE / END DATE:**

September 6, 2022

### **TEXTS:**

*Think Social! A Social Thinking Curriculum for School-Age Students*

*ThinkSheets®*

*Teaching Social Thinking and Related Skills*

*Social Thinking® Worksheets for Tween and Teens: Learning to Read Between the Social Lines*

All Written by Michelle Garcia Winner. Think Social Publishing, Inc. Disclaimer: Social Thinking® is a term coined by Michelle Garcia Winner, CCC-SLP and represents a flexible, systems-based teaching methodology consisting of curricula, vocabulary, teaching tools, and strategies for individuals aged preschool through adulthood. This program, including its teacher or leader, is not affiliated with, nor has it been reviewed, approved, or endorsed by Michelle Garcia Winner and Think Social Publishing, Inc." Learn more at [www.socialthinking.com](http://www.socialthinking.com)

**See Modules on Page 2**

<b>Module</b>	<b>Themes</b>	<b>Activities</b>
<b>Module 1</b> Introduction to Social Thinking	Zones of Regulation Expected & Unexpected Behaviours Being Part of the Group	Zones Tool Boxes Social Behaviour Mapping Size of the Problem
<b>Module 2</b> Self-Awareness	Social Problem Solving Being a Social Detective Executive Functioning Skills	Perspective Scales Making a good first impression Embracing Strengths & Challenges
<b>Module 3</b> Self-Management	Goal Setting Self-Discipline Perseverance	SMART Goals Time Management Decision Making
<b>Module 4</b> Social Language & Flexible Thinking	Body & Spoken Language Flexible Brains Self-control	Social Thinking Board Games Role Playing
<b>Module 5</b> Curriculum Review & Learning Reflection Project		
<b>Module 6</b> Communication Skills	Conversational Skills Non-verbal communication Reading Social Cues	Preparing the Brain for learning Voice & Tone Whole Body Listening
<b>Module 7</b> Social Interactions	Social Problem Solving How We Think About Each Other	Social Fortune Social Fate (a book by Michelle Garcia Winner)
<b>Module 8</b> Improving Social Interactions	Problem Solving Decision Making Perspective Taking Verbal & Nonverbal Communication	Self-Advocacy Listening & Responding Summarizing
<b>Module 9</b> Consolidation Course	Mastering Social Interactions	Understanding Core Values Reputations Sending Small vs BIG Messages
<b>Module 10</b> Curriculum Review & Learning Reflection Project		

\*Please note, Module content and/or order of delivery date is subject to change based on curricular revisions to accommodate student profiles and continuity of learning trends. Please check your monthly program news for updates.